

Bikarmót III Poomsae 2025-2026 dregin form

A flokkar

Flokkur	Undanúrslit	Úrslit
Ind Cadet Male-A		8 & 9
Ind Junior Male-A		12 & 6
Ind Undir 30 Male-A		7 & 8
Ind Yfir 50 Male-A		16 & 14
Pair Pair Junior-A		6 & 10
Pair Pair Undir 30-A		12 & 10
Pair Pair Yfir 30-A		9 & 13
Team Team Junior Male-A		11 & 10
Team Team Undir 30 Male-A		12 & 10
Ind Junior Female-A		8 & 6
Ind Undir 50 Female-A		9 & 12

B flokkar

Flokkur	Undanúrslit	Úrslit
Ind Minior Male-B		4 & 3
Ind Cadet Male-B	5 & 3	6 & 8
Ind Junior Male-B		5 & 9
Ind Undir 30 Male-B		9 & 8
Ind Undir 50 Male-B		7 & 9
Pair Pair Cadet-B		8 & 6
Pair Pair Junior-B		8 & 7
Pair Pair Undir 30-B		6 & 8
Team Team Cadet-B		7 & 3
Team Team Junior-B		5 & 7
Ind Cadet Female-B		4 & 6
Ind Junior Female-B		6 & 5