







## Team trophy classification

## B flokkar

Bikarmót III Poomsae 2025-2026

All days- Overall - Cadet/Junior/Undir 30/Undir 40/Undir 50/Yfir

Pos.	Team	Teamscore	Gold	Silver	Bronz	4th Pl.
1.	 Keflavík	22.00	1.00	2.00	1.00	1.00
			(2.00)			
2.	 Armann	21.00	3.00	0.00	0.00	0.00
	KR	21.00	3.00	0.00	0.00	0.00
4.	 IR	11.00	1.00	0.00	0.00	2.00
			(1.00)			
5.	 TKO	11.00	0.00	2.00	5.00	2.00
6.	 Bjork Taekwondo	8.00	0.00	2.00	2.00	0.00
7.	 Team FRAM	3.00	0.00	1.00	0.00	1.00
	Afturelding	3.00	0.00	1.00	0.00	0.00

Points based on:

Gold: 7 Pnts - Silver: 3 Pnts - Bronze: 1 Pnts 4th Place (if not shared 3rd): 0Pnts

Participation: 0 Pnts - Win: 0 Pnts - Single: 4 Pnts








(...) is a first place without opponent

## Team trophy classification

A flokkar

**Bikarmót III Poomsae 2025-2026**

**All days- Overall - Cadet/Junior/Undir 30/Undir 40/Undir 50/Yfir**

Pos.	Team	Teamscore	Gold	Silver	Bronz	4th Pl.
1.	 TKO	34.00	3.00	1.00	2.00	1.00
			(2.00)			
2.	 IR	26.00	2.00	3.00	3.00	0.00
3.	 Team Selfoss	21.00	3.00	0.00	0.00	0.00
4.	 Afturelding	10.00	0.00	2.00	0.00	1.00
			(1.00)			
5.	 Armann	7.00	1.00	0.00	0.00	0.00
6.	 KR	3.00	0.00	1.00	0.00	0.00
	 Team FRAM	3.00	0.00	1.00	0.00	0.00

Points based on:

Gold: 7 Pnts - Silver: 3 Pnts - Bronze: 1 Pnts 4th Place (if not shared 3rd): 0Pnts

Participation: 0 Pnts - Win: 0 Pnts - Single: 4 Pnts

(...) is a first place without opponent

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Cadet Male-A**  
Competitors **2**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	94	Viktor Kari Albertsson TKO	ISL	6.67	4.27	2.40
2	127	Prasun Tiwari Duwadi KR	ISL	6.43	4.19	2.24

Category **Ind Cadet Male-B**  
 Competitors **11**  
 Class **B**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	102	Tomas Gill Ragnarsson TKO	ISL	6.70	4.16	2.54
2	32	Viktor Jonsson IR	ISL	6.58	4.23	2.35
3	105	Oskar Thor Bjarkason TKO	ISL	6.26	4.08	2.18
4	17	Gudmundur Isar Atlason Armann	ISL	5.92	3.96	1.96
5	103	Oliver Siren Matthiasson TKO	ISL	5.91	4.03	1.88
6	44	Vignir Noi Helgason Keflavík	ISL	5.84	3.84	2.00
7	28	Sigurbjorn Mani Asgeirsson IR	ISL	5.36	3.68	1.68
8	20	Jakob Smari Hjaltason Armann	ISL	5.15	3.53	1.62
9	88	Tomas Birgir Frimannsson Team Selfoss	ISL	4.92	3.76	1.16
10	27	Damian Tomalak Bjork Taekwondo	ISL	4.40	3.20	1.20

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Cadet Male-B**  
Competitors **11**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	32	Viktor Jonsson IR	ISL	6.80	4.25	2.55
2	102	Tomas Gill Ragnarsson TKO	ISL	6.38	4.13	2.25
3	105	Oskar Thor Bjarkason TKO	ISL	5.87	4.07	1.80
4	103	Oliver Siren Matthiasson TKO	ISL	5.74	3.99	1.75
5	44	Vignir Noi Helgason Keflavík	ISL	5.38	3.86	1.52
6	17	Gudmundur Isar Atlason Armann	ISL	5.35	3.88	1.47
7	20	Jakob Smari Hjaltason Armann	ISL	4.86	3.70	1.16
8	28	Sigurbjorn Mani Asgeirsson IR	ISL	4.07	3.62	0.45

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Cadet Female-B**  
Competitors **5**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	21	Eva Modzelewska Armann	ISL	7.28	4.28	3.00
2	72	Lilja Johanna Birgisdottir Team FRAM	ISL	6.81	3.96	2.85
3	50	Gabriella Libertye Keflavík	ISL	6.17	3.90	2.27
4	122	Klara Bjork Bjornsdottir Þór	ISL	6.11	3.78	2.33
5	23	Marharyta Kotvytska Bjork Taekwondo	ISL	4.87	3.62	1.25

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Cadet Male-C**  
 Competitors **16**  
 Class **C**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	81	Wakin Lucas Reyes Team FRAM	ISL	6.90	4.20	2.70
2	74	Hilmar Birkisson Team FRAM	ISL	6.43	3.60	2.83
3	39	Nawar Abo Assaf Keflavík	ISL	6.40	3.73	2.67
4	66	Ari Thor Riggott KR	ISL	6.10	3.83	2.27
5	56	Smari Marques Valsson Keflavík	ISL	6.06	3.63	2.43
6	58	Olafur Arni Arason KR	ISL	5.97	3.70	2.27
7	49	Wiktor Antoni Leszczynski Keflavík	ISL	5.90	3.53	2.37
8	68	Daniel Lorenzo Silva Eggertsson KR	ISL	5.76	3.53	2.23
9	75	Thorsteinn Hilmar Bjarkason Team FRAM	ISL	5.67	3.40	2.27
10	55	Gardar Birgir Sverrirsson Keflavík	ISL	5.60	3.50	2.10
11	77	Benedikt Cesar Kristmundsson Team FRAM	ISL	5.44	3.37	2.07
12	19	Maksim Gorobetc Armann	ISL	5.10	3.30	1.80
13	69	Snaevarr Stefansson KR	ISL	4.93	3.23	1.70

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Junior Male-A**  
Competitors **4**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	92	Ulfur Darri Sigurdsson Team Selfoss	ISL	7.26	4.34	2.92
2	36	Axel Freyr Thorkelsson IR	ISL	7.18	4.30	2.88
3	34	Mikael Thor Santi Mikaelsson IR	ISL	5.65	3.65	2.00
4	106	Thorarinn Vikingur Einarsson TKO	ISL	5.47	3.60	1.87

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Junior Female-A**  
Competitors **2**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	91	Ingibjorg Laufey Ragnarsdottir Team Selfoss	ISL	7.03	4.19	2.84
2	12	Elly Gudrun Sigurdardottir Afturelding	ISL	6.90	4.10	2.80

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Junior Male-B**  
Competitors **8**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	57	Bjartur Adalsteinsson KR	ISL	6.38	3.72	2.66
2	10	Hilmar Birgir Larusson Afturelding	ISL	6.33	3.70	2.63
3	100	Matthias Hans Kjartansson TKO	ISL	6.03	3.58	2.45
4	95	Dagur Bergmann TKO	ISL	5.39	3.26	2.13
5	52	Mikael Snaer Petursson Keflavík	ISL	5.36	3.28	2.08
6	63	Erling Kari Freysson KR	ISL	5.16	3.26	1.90
7	76	Nojus Gedvilas Team FRAM	ISL	5.02	3.08	1.94
8	87	Bergur Tjovri Bjarnason Team Selfoss	ISL	4.79	3.05	1.74

Category **Ind Junior Female-B**  
Competitors **5**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	53	Lara Karitas Stefansdottir Keflavík	ISL	5.42	3.00	2.42
2	25	Hrafnhildur Katla Siemsen Bjork Taekwondo	ISL	5.40	3.22	2.18
3	96	Bara Bergmann TKO	ISL	5.22	3.00	2.22
4	42	Fjola Sif Farestveit Keflavík	ISL	5.18	3.02	2.16
5	26	Olivia Surynt Bjork Taekwondo	ISL	4.48	2.82	1.66

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Junior Female-C**  
Competitors **3**  
Class **C**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	30	Zahra Fayyaz IR	ISL	4.30	2.77	1.53
2	6	Gudbjorg Osk Gunnlaugsdottir Afturelding	ISL	3.87	2.50	1.37

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Undir 30 Male-A**  
Competitors **6**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	18	Eythor Atli Reynisson Armann	ISL	7.56	4.40	3.16
2	99	Egill Kari Gunnarsson TKO	ISL	7.09	4.35	2.74
3	130	Solborg Gudmundsdottir TKO	ISL	6.75	4.10	2.65
4	15	Wiktor Sobczynski Afturelding	ISL	6.17	3.82	2.35
5	4	Sigurdur Mani Gudmundsson Afturelding	ISL	5.93	3.80	2.13
6	2	Gudni Fridmar J. Asmundsson Afturelding	ISL	4.51	3.16	1.35

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Undir 30 Male-B**  
Competitors **1**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	40	Justas Augustinaitis Keflavík	ISL	4.71	3.38	1.33

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Undir 40 Female-C**  
Competitors **2**  
Class **C**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	89	Elin Maria Halldorsdottir Team Selfoss	ISL	4.50	3.17	1.33
2	85	Eydis Berglind Baldvinsdottir Team Selfoss	ISL	3.80	2.90	0.90

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Undir 50 Female-A**  
Competitors **2**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	37	Anna Suryati Tjhin IR	ISL	5.76	3.94	1.82
2	33	Aino-Katri Karinen IR	ISL	5.21	3.74	1.47

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Undir 50 Male-B**  
Competitors **1**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	31	Oli Mar Hrolfsson IR	ISL	4.03	2.78	1.25

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Undir 50 Male-C**  
Competitors **1**  
Class **C**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	61	Tomas Bickel KR	ISL	5.03	3.13	1.90

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Ind Yfir 50 Male-A**  
Competitors **4**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	104	Sigursteinn Snorrason TKO	ISL	6.54	4.19	2.35
2	82	Rudolf Runarsson Team FRAM	ISL	5.89	3.82	2.07
3	101	Gudmundur Magnusson TKO	ISL	5.03	3.51	1.52

# Poomsae Pair

## Bikarmót III Poomsae 2025-2026

Category **Pair Pair Cadet-B**  
Competitors **6**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Armann</b> Gudmundur Isar Atlason / Eva Modzelewska	ISL	<b>6.04</b>	<b>3.87</b>	<b>2.17</b>
2	<b>Keflavík</b> Vignir Noi Helgason / Gabriella Libertye	ISL	<b>5.56</b>	<b>3.32</b>	<b>2.24</b>
3	<b>TKO</b> Tomas Gill Ragnarsson / Oskar Thor Bjarkason	ISL	<b>5.44</b>	<b>3.40</b>	<b>2.04</b>
4	<b>IR</b> Sigurbjorn Mani Asgeirsson / Viktor Jonsson	ISL	<b>5.43</b>	<b>3.65</b>	<b>1.78</b>
5	<b>KR</b> Hrafney Myrk Arnarsdottir / Ari Thor Riggott	ISL	<b>5.10</b>	<b>3.18</b>	<b>1.92</b>
6	<b>Bjork Taekwondo</b> Marharyta Kotvytska / Damian Tomalak	ISL	<b>4.62</b>	<b>3.32</b>	<b>1.30</b>

# Poomsae Pair

## Bikarmót III Poomsae 2025-2026

Category **Pair Pair Cadet-C**  
Competitors **6**  
Class **C**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Team FRAM</b> Hilmar Birkisson / Wakin Lucas Reyes	ISL	<b>6.77</b>	<b>4.10</b>	<b>2.67</b>
2	<b>KR</b> Daniel Lorenzo Silva Eggertsson / Snaevarr Stefansson	ISL	<b>5.76</b>	<b>3.63</b>	<b>2.13</b>
3	<b>Keflavík</b> Gudrun Heida Jonsdottir / Nawar Abo Assaf	ISL	<b>5.47</b>	<b>3.27</b>	<b>2.20</b>
4	<b>Team FRAM</b> Thorsteinn Hilmar Bjarkason / Benedikt Cesar Kristmundsson	ISL	<b>5.34</b>	<b>3.37</b>	<b>1.97</b>
5	<b>Bjork Taekwondo</b> Victor Atlas Danielsson Cabrera / Aron Noah Schulz	ISL	<b>4.67</b>	<b>3.37</b>	<b>1.30</b>

# Poomsae Pair

## Bikarmót III Poomsae 2025-2026

Category **Pair Pair Junior-A**  
Competitors **3**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Team Selfoss</b> Ingibjorg Laufey Ragnarsdóttir / Ulfur Darri Sigurdsson	ISL	<b>6.71</b>	<b>4.16</b>	<b>2.55</b>
2	<b>Afturelding</b> Elly Gudrun Sigurdardóttir / Hilmar Birgir Larusson	ISL	<b>6.45</b>	<b>4.05</b>	<b>2.40</b>
3	<b>IR</b> Axel Freyr Thorkelsson / Anna Suryati Tjhin	ISL	<b>6.34</b>	<b>4.00</b>	<b>2.34</b>

# Poomsae Pair

## Bikarmót III Poomsae 2025-2026

Category **Pair Pair Junior-B**  
Competitors **5**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>KR</b> Bjartur Adalsteinsson / Prasun Tiwari Duwadi	ISL	<b>6.47</b>	<b>3.85</b>	<b>2.62</b>
2	<b>Bjork Taekwondo</b> Hrafnhildur Katla Siemsen / Olivia Surynt	ISL	<b>6.00</b>	<b>3.38</b>	<b>2.62</b>
3	<b>TKO</b> Dagur Bergmann / Matthias Hans Kjartansson	ISL	<b>5.97</b>	<b>3.60</b>	<b>2.37</b>
4	<b>Team FRAM</b> Lilja Johanna Birgisdottir / Nojus Gedvilas	ISL	<b>5.84</b>	<b>3.47</b>	<b>2.37</b>
5	<b>Keflavík</b> Lara Karitas Stefansdottir / Fjola Sif Farestveit	ISL	<b>5.53</b>	<b>3.36</b>	<b>2.17</b>

# Poomsae Pair

## Bikarmót III Poomsae 2025-2026

Category **Pair Pair Undir 30-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	TKO Solborg Gudmundsdottir / Egill Kari Gunnarsson	ISL	6.65	4.18	2.47

# Poomsae Pair

## Bikarmót III Poomsae 2025-2026

Category **Pair Pair Undir 30-B**  
Competitors **1**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Mikael Snaer Petursson / Justas Augustinaitis	ISL	4.97	3.25	1.72

# Poomsae Pair

## Bikarmót III Poomsae 2025-2026

Category **Pair Pair Yfir 30-A**  
Competitors **2**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	IR Aino-Katri Karinen / Oli Mar Hrolfsson	ISL	4.57	3.45	1.12

# Poomsae Team

## Bikarmót III Poomsae 2025-2026

Category **Team Team Cadet Male-B**  
Competitors **3**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Armann</b> Gudmundur Isar Atlason / Jakob Smari Hjaltason / Eva Modzelewska	ISL	<b>5.90</b>	<b>3.70</b>	<b>2.20</b>
2	<b>TKO</b> Tomas Gill Ragnarsson / Oliver Siren Matthiasson / Oskar Thor Bjarkason	ISL	<b>5.72</b>	<b>3.62</b>	<b>2.10</b>
3	<b>Bjork Taekwondo</b> Marharyta Kotvytska / Victor Atlas Danielsson Cabrera / Aron Noah Schulz	ISL	<b>4.84</b>	<b>3.30</b>	<b>1.54</b>

# Poomsae Team

## Bikarmót III Poomsae 2025-2026

Category **Team Team Cadet Male-C**  
Competitors **5**  
Class **C**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Team FRAM</b> Hilmar Birkisson / Thorsteinn Hilmar Bjarkason / Wakin Lucas Reyes	ISL	<b>6.36</b>	<b>3.83</b>	<b>2.53</b>
2	<b>KR</b> Olafur Arni Arason / Daniel Lorenzo Silva Eggertsson / Snaevarr Stefansson	ISL	<b>6.07</b>	<b>3.60</b>	<b>2.47</b>
3	<b>Team FRAM</b> Benedikt Cesar Kristmundsson / Emilia Bjork Magnusdottir / Joanna Wrzoskiewicz	ISL	<b>5.53</b>	<b>3.40</b>	<b>2.13</b>

# Poomsae Team

## Bikarmót III Poomsae 2025-2026

Category **Team Team Junior Male-A**  
Competitors **3**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	TKO Matthias Hans Kjartansson / Viktor Kari Albertsson / Thorarinn Vikingur Einarsson	ISL	5.68	3.82	1.86
2	IR Mikael Thor Santi Mikaelsson / Axel Freyr Thorkelsson / Viktor Jonsson	ISL	5.63	3.88	1.75
3	IR Zahra Fayyaz / Aino-Katri Karinen / Anna Suryati Tjhin	ISL	4.56	3.54	1.02

# Poomsae Team

## Bikarmót III Poomsae 2025-2026

Category **Team Team Junior Male-B**  
Competitors **4**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>KR</b> Bjartur Adalsteinsson / Prasun Tiwari Duwadi / Erling Kari Freysson	ISL	<b>5.90</b>	<b>3.78</b>	<b>2.12</b>
2	<b>Keflavík</b> Mikael Snaer Petursson / Fjola Sif Farestveit / Lara Karitas Stefansdottir	ISL	<b>5.56</b>	<b>3.44</b>	<b>2.12</b>
3	<b>Bjork Taekwondo</b> Damian Tomalak / Hrafnhildur Katla Siemsen / Olivia Surynt	ISL	<b>4.93</b>	<b>3.40</b>	<b>1.53</b>
4	<b>IR</b> Sigurbjorn Mani Asgeirsson / Karl Mikael Clausen Aaronsson / Oli Mar Hrolfsson	ISL	<b>4.17</b>	<b>3.14</b>	<b>1.03</b>

Category **Team Team Undir 30 Male-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Afturelding</b> Gudni Fridmar J. Asmundsson / Sigurdur Mani Gudmundsson / Wiktor Sobczynski	ISL	<b>5.31</b>	<b>3.55</b>	<b>1.76</b>

# Poomsae individual

## Bikarmót III Poomsae 2025-2026

Category **Free Ind Freestyle Yfir 17 Male-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	99	Egill Kari Gunnarsson TKO	ISL	4.40	1.73	2.67