

Court division Poomsae

Bikarmót III Poomsae 2025-2026

Court **1**

Date

11-04-2026

Start	Tournament type	Category	Group	Competitors
10:00	Individual	Ind Undir 30 Male-A	6	~35 mín
	Team	Team Team Undir 30 Male-A	1	
	Pair	Pair Pair Undir 30-A	1	
10:35	Individual	Ind Cadet Male-B	11	~80 mín
	Individual	Ind Cadet Male-A	2	
	Individual	Ind Junior Female-A	2	
	Pair	Pair Pair Junior-A	3	
Hádegishlé				
13:15	Freestyle ind.	Free Ind Freestyle Yfir 17 Male-A	1	~100 mín
	Individual	Ind Junior Male-A	4	
	Team	Team Team Junior Male-A	3	
	Individual	Ind Undir 50 Female-A	2	
	Pair	Pair Pair Yfir 30-A	2	
	Individual	Ind Yfir 50 Male-A	4	
	Individual	Ind Cadet Female-B	5	

All start times are subject to the flow of the tournament. They are only an indication and may change at any time.

If requested by the organization: Participants must be present one hour before the start of the category to register.

Court **2**

Date

11-04-2026

Start	Tournament type	Category	Group	Competitors
10:00	Individual	Ind Junior Female-B	5	~70 mín
	Individual	Ind Junior Female-C	4	
	Individual	Ind Undir 40 Female-C	2	
	Individual	Ind Cadet Male-C	16	
11:10	Pair	Pair Pair Cadet-C	7	~80 mín
	Team	Team Team Cadet Male-C	5	
	Individual	Ind Undir 30 Male-B	1	
	Pair	Pair Pair Undir 30-B	1	
	Individual	Ind Undir 50 Male-B	1	
	Individual	Ind Undir 50 Male-C	1	
	Team	Team Team Cadet Male-B	3	
Hádegishlé				
13:20	Pair	Pair Pair Junior-B	5	~100 mín
	Pair	Pair Pair Cadet-B	6	
	Team	Team Team Junior Male-B	4	
	Individual	Ind Junior Male-B	8	

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Court **3**

Date

11-04-2026

Start

Tournament type

Category

Group Competitors

10:00	Individual	Ind Minior Male-B	4	~60 mín
	Individual	Ind Minior grp. 4 Male-C	3	
	Individual	Ind Minior grp. 1 Male-C	4	
	Individual	Ind Minior grp. 2 Female-C	4	
	Pair	Pair Pair Minior grp. 1-C	4	
11:00	Individual	Ind Minior grp. 3 Female-C	4	~50 mín
	Individual	Ind Minior grp. 1 Female-C	4	
	Individual	Ind Minior grp. 2 Male-C	4	
	Individual	Ind Minior grp. 3 Male-C	3	
	Pair	Pair Pair Minior grp. 2-C	3	

(Ath. að í Minior C flokkum eru keppendur oftast að gera sama form en ekki alltaf)

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