

# Íslandsmót Poomsae 2026 dregin form

## A flokkar

Flokkur	Undanúrslit	Úrslit
Ind Cadet Male-A		5 & 7
Ind Junior Male-A		8 & 5
Ind Undir 30 Male-A		14 & 9
Ind Undir 40 Male-A		9 & 10
Ind Yfir 50 Male-A		13 & 14
Pair Pair Junior-A		7 & 12
Pair Pair Undir 30-A		12 & 9
Pair Pair Undir 50-A		10 & 13
Pair Pair Yfir 50-A		14 & 15
Team Team Junior Male-A		5 & 11
Team Team Undir 30 Male-A		14 & 8
Team Team Undir 50 Male-A		13 & 11
Ind Junior Female-A		12 & 6
Ind Undir 50 Female-A		10 & 12
Ind Yfir 50 Female-A		9 & 11

## B flokkar

Flokkur	Undanúrslit	Úrslit
Ind Cadet Male-B	4 & 7	3 & 5
Ind Junior Male-B	6 & 9	7 & 4
Ind Undir 50 Male-B		9 & 6
Pair Pair Cadet-B		3 & 8
Pair Pair Junior-B		4 & 6
Team Team Cadet-B		3 & 8
Team Team Junior-B		9 & 8
Ind Cadet Female-B		4 & 5
Ind Junior Female-B		9 & 7