

All days- Overall - Cadet/Junior/Undir 30/Undir 40/Undir 50/Yfir

Pos.	Team	Teamscore	Gold	Silver	Bronz	4th Pl.
1.	 IR	42.50	3.33 (1.67)	2.33	0.50	0.00
2.	 Team Selfoss	31.33	2.33 (1.00)	2.00	2.00	0.00
3.	 TKO	27.33	2.00 (1.33)	1.00	1.00	0.00
4.	 Team FRAM	20.33	1.00 (1.33)	1.00	1.00	0.00
5.	 Afturelding	17.66	0.33 (0.33)	3.17	3.50	1.00
6.	 Armann	10.83	1.00 (0.33)	0.50	0.00	0.00

Points based on:

Gold: 7 Pnts - Silver: 3 Pnts - Bronze: 1 Pnts 4th Place (if not shared 3rd): 0Pnts

Participation: 0 Pnts - Win: 0 Pnts - Single: 7 Pnts

(...) is a first place without opponent

All days- Overall - Cadet/Junior/Undir 30/Undir 40/Undir 50/Yfir

Pos.	Team	Teamscore	Gold	Silver	Bronz	4th Pl.
1.	 Bjork Taekwondo	22.00	2.00	2.00	2.00	1.00
2.	 Team FRAM	17.00	2.00	1.00	0.00	0.00
3.	 IR	14.00	1.00 (1.00)	0.00	0.00	0.00
4.	 KR	13.00	1.00	2.00	0.00	0.00
5.	 Afturelding	7.00	1.00	0.00	0.00	0.00
6.	 Keflavík	3.00	0.00	1.00	0.00	3.00
7.	 TKO	2.00	0.00	0.00	2.00	0.00

Points based on:

Gold: 7 Pnts - Silver: 3 Pnts - Bronze: 1 Pnts 4th Place (if not shared 3rd): 0Pnts

Participation: 0 Pnts - Win: 0 Pnts - Single: 7 Pnts

(...) is a first place without opponent

Category **Ind Cadet Male-A**
Competitors **3**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	51	Ulfur Darri Sigurdsson Team Selfoss	ISL	7.24	4.25	2.99
2	49	Veigar Olversson Team Selfoss	ISL	6.50	3.85	2.65
3	52	Viktor Kari Albertsson TKO	ISL	6.33	3.99	2.34

Category **Ind Cadet Male-B**
 Competitors **8**
 Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	20	Viktor Jonsson IR	ISL	5.24	3.01	2.23
2	33	Prasun Tiwari Duwadi KR	ISL	5.10	2.98	2.12
3	56	Matthias Hans Kjartansson TKO	ISL	4.76	2.94	1.82
4	16	Damian Tomalak Bjork Taekwondo	ISL	3.78	2.48	1.30
5	17	Sigurbjorn Mani Asgeirsson IR	ISL	3.76	2.40	1.36
6	6	Erik Julian Rikhardsson Afturelding	ISL	3.53	2.33	1.20

Category **Ind Cadet Female-B**
Competitors **5**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	38	Lilja Johanna Birgisdottir Team FRAM	ISL	5.50	3.01	2.49
2	29	Lara Karitas Stefansdottir Keflavík	ISL	5.14	2.96	2.18
3	14	Hrafnhildur Katla Siemsen Bjork Taekwondo	ISL	4.88	2.88	2.00
4	27	Gabriella Libertye Keflavík	ISL	4.70	2.70	2.00

Category **Ind Cadet Male-C**
 Competitors **7**
 Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	46	Wakin Lucas Reyes Team FRAM	ISL	4.63	2.60	2.03
2	39	Hilmar Birkisson Team FRAM	ISL	4.17	2.17	2.00
3	34	Ari Thor Riggott KR	ISL	3.77	2.40	1.37
4	36	Daniel Lorenzo Silva Eggertsson KR	ISL	3.43	2.10	1.33
5	32	Olafur Arni Arason KR	ISL	3.26	1.93	1.33
6	11	Egill Cabrera Bjork Taekwondo	ISL	3.20	2.00	1.20
7	37	Snaevar Stefansson KR	ISL	2.93	1.83	1.10

Category **Ind Cadet Female-C**
Competitors **3**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	42	Kawsar Karimi Team FRAM	ISL	4.70	2.67	2.03
2	12	Akira Erica Shantal Dedoza Bjork Taekwondo	ISL	4.14	2.47	1.67
3	26	Gudrun Heida Jonsdottir Keflavík	ISL	3.57	2.27	1.30

Category **Ind Junior Male-A**
Competitors **3**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	22	Axel Freyr Thorkelsson IR	ISL	7.18	4.23	2.95
2	2	Gudni Fridmar J. Asmundsson Afturelding	ISL	5.99	3.75	2.24
3	48	Loftur Gudmundsson Team Selfoss	ISL	5.22	3.56	1.66

Category **Ind Junior Female-A**
Competitors **4**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	19	Anna Kristín Imhof Honoré IR	ISL	6.83	4.05	2.78
2	50	Ingibjorg Laufey Ragnarsdottir Team Selfoss	ISL	6.82	4.07	2.75
3	8	Elly Gudrun Sigurdardottir Afturelding	ISL	6.52	3.86	2.66

Category **Ind Junior Male-B**
 Competitors **6**
 Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	5	Hilmar Birgir Larusson Afturelding	ISL	6.33	3.84	2.49
2	31	Bjartur Adalsteinsson KR	ISL	6.07	3.73	2.34
3	57	Thorarinn Vikingur TKO	ISL	5.77	3.62	2.15
4	28	Mikael Snaer Petursson Keflavík	ISL	5.67	3.55	2.12
5	41	Nojus Gedvilas Team FRAM	ISL	5.48	3.26	2.22
6	40	Arnar Freyr Brynjarsson Team FRAM	ISL	5.12	3.25	1.87

Category **Ind Junior Female-B**
Competitors **3**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	15	Olivia Surynt Bjork Taekwondo	ISL	4.14	2.49	1.65
2	13	Alicja Grzegorzewska Bjork Taekwondo	ISL	3.99	2.56	1.43

Category **Ind Junior Female-C**
Competitors **2**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	53	Vigdís Rann TKO	ISL	4.86	2.73	2.13
2	24	Fjóla Sif Keflavík	ISL	4.70	2.77	1.93

Category **Ind Undir 30 Male-A**
Competitors **5**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	10	Eythor Atli Reynisson Armann	ISL	7.38	4.46	2.92
2	55	Egill Kari Gunnarsson TKO	ISL	6.89	4.34	2.55
3	9	Wiktor Sobczynski Afturelding	ISL	5.84	3.92	1.92
4	3	Sigurdur Mani Gudmundsson Afturelding	ISL	5.75	3.85	1.90

Category **Ind Undir 30 Female-A**
Competitors **2**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	54	Solborg Gudmundsdottir TKO	ISL	6.77	4.02	2.75
2	4	Athena Run Kolbeins Afturelding	ISL	6.33	3.82	2.51

Category **Ind Undir 50 Female-A**
Competitors **2**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	23	Anna Suryati Tjhin IR	ISL	5.52	3.72	1.80
2	21	Aino-Katri Karinen IR	ISL	5.43	3.53	1.90

Category **Ind Undir 50 Male-B**
Competitors **1**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	18	Oli Mar Hrolfsson IR	ISL	2.68	1.94	0.74

Category **Ind Yfir 50 Female-A**
 Competitors **3**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	68	Rudolf Runarsson Team FRAM	ISL	5.93	3.51	2.42
2	44	Hulda Dagmar Magnúsdóttir Team FRAM	ISL	5.72	3.46	2.26
3	45	Gudrun Nina Petersen Team FRAM	ISL	5.00	3.28	1.72

Poomsae Pair

Íslandsmót Poomsae 2025

Category **Pair Pair Cadet-B**
Competitors **4**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Bjork Taekwondo Damian Tomalak / Egill Cabrera	ISL	2.93	1.98	0.95

Category **Pair Pair Cadet-C**
Competitors **1**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Kawsar Karimi / Wakin Lucas Reyes	ISL	3.73	2.13	1.60

Poomsae Pair

Íslandsmót Poomsae 2025

Category **Pair Pair Junior-A**
Competitors **3**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team Selfoss Ingibjorg Laufey Ragnarsdottir / Ulfur Darri Sigurdsson	ISL	6.32	4.02	2.30
2	IR Anna Kristín Imhof Honoré / Axel Freyr Thorkelsson	ISL	6.32	4.00	2.32
3	Afturelding Elly Gudrun Sigurdardottir / Hilmar Birgir Larusson	ISL	6.08	3.88	2.20

Category **Pair Pair Junior-B**
Competitors **4**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	KR Bjartur Adalsteinsson / Prasun Tiwari Duwadi	ISL	6.00	3.75	2.25
2	Team FRAM Lilja Johanna Birgisdottir / Nojus Gedvilas	ISL	5.54	3.54	2.00
3	Bjork Taekwondo Alicja Grzegorzewska / Olivia Surynt	ISL	5.37	3.52	1.85
4	Keflavík Gabriella Libertye / Fjola Sif Farestveit	ISL	4.89	3.46	1.43

Poomsae Pair

Íslandsmót Poomsae 2025

Category **Pair Pair Undir 30-A**
Competitors **3**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	TKO Solborg Gudmundsdottir / Egill Kari Gunnarsson	ISL	6.68	4.13	2.55
2	Afturelding / Armann Athena Run Kolbeins / Eythor Atli Reynisson	ISL	6.36	4.01	2.35
3	Afturelding / IR Wiktor Sobczynski / Anna Suryati Tjhin	ISL	5.45	3.70	1.75

Category **Pair Pair Undir 50-A**
Competitors **1**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	IR Aino-Katri Karinen / Oli Mar Hrolfsson	ISL	3.30	3.08	0.22

Poomsae Pair

Íslandsmót Poomsae 2025

Category **Pair Pair Yfir 51-A**
Competitors **1**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM	ISL	4.69	3.33	1.36
	Hulda Dagmar Magnúsdóttir / Rudolf Runarsson				

Poomsae Team

Íslandsmót Poomsae 2025

Category **Team Team Cadet Male-C**
Competitors **2**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Hilmar Birkisson / Wakin Lucas Reyes / Kawsar Karimi	ISL	3.57	1.80	1.77
2	KR Olafur Arni Arason / Daniel Lorenzo Silva Eggertsson / Snaevar Stefansson	ISL	2.86	1.83	1.03

Category **Team Team Junior Male-A**
Competitors **3**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Afturelding / IR / Team Selfoss Elly Gudrun Sigurdardottir / Anna Kristín Imhof Honoré / Ingibjorg Laufey Ragnarsdottir	ISL	6.34	4.00	2.34
2	Afturelding / IR Gudni Fridmar J. Asmundsson / Axel Freyr Thorkelsson / Hilmar Birgir Larusson	ISL	5.92	3.90	2.02
3	Team Selfoss Veigar Olversson / Loftur Gudmundsson / Ulfur Darri Sigurdsson	ISL	5.59	3.84	1.75

Poomsae Team

Íslandsmót Poomsae 2025

Category **Team Team Junior Female-B**
Competitors **2**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Lilja Johanna Birgisdottir / Arnar Freyr Brynjarsson / Nojus Gedvilas	ISL	4.01	2.43	1.58
2	Bjork Taekwondo Alicja Grzegorzewska / Hrafnhildur Katla Siemsen / Olivia Surynt	ISL	3.68	2.40	1.28

Category **Team Team Undir 30 Male-A**
Competitors **1**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Afturelding / Armann / TKO Wiktor Sobczynski / Eythor Atli Reynisson / Egill Kari Gunnarsson	ISL	6.16	4.08	2.08

Category **Team Team Undir 50 Female-A**
Competitors **1**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	IR / Team FRAM Aino-Katri Karinen / Anna Suryati Tjhin / Hulda Dagmar Magnusdottir	ISL	4.63	3.43	1.20

Category **Free Ind Freestyle Undir 17 Male-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	51	Ulfur Darri Sigurdsson Team Selfoss	ISL	4.67	2.10	2.57

Category **Free Ind Freestyle Yfir 17 Male-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	55	Egill Kari Gunnarsson TKO	ISL	4.40	1.90	2.50