

All days- Overall - Cadet/Junior/Undir 30/Undir 40/Undir 50/Yfir

Pos.	Team	Teamscore	Gold	Silver	Bronz	4th Pl.
1.	 IR	25.00	2.00 (1.00)	2.00	1.00	0.00
2.	 Team Selfoss	24.00	3.00	1.00	0.00	1.00
3.	 TKO	12.00	0.00 (2.00)	1.00	1.00	0.00
4.	 Armann	11.00	1.00 (1.00)	0.00	0.00	0.00
5.	 Afturelding	11.00	0.00 (1.00)	2.00	1.00	1.00
6.	 KR	1.00	0.00	0.00	1.00	0.00

Points based on:

Gold: 7 Pnts - Silver: 3 Pnts - Bronze: 1 Pnts 4th Place (if not shared 3rd): 0Pnts

Participation: 0 Pnts - Win: 0 Pnts - Single: 4 Pnts

(...) is a first place without opponent

All days- Overall - Cadet/Junior/Undir 30/Undir 40/Undir 50/Yfir

Pos.	Team	Teamscore	Gold	Silver	Bronz	4th Pl.
1.	 Keflavík	35.00	3.00	4.00	2.00	1.00
2.	 Bjork Taekwondo	22.00	2.00	2.00	2.00	1.00
3.	 KR	14.00	2.00	0.00	0.00	0.00
4.	 IR	5.00	0.00 (1.00)	0.00	1.00	0.00
5.	 Armann	3.00	0.00	1.00	0.00	0.00
6.	 Team FRAM	2.00	0.00	0.00	2.00	1.00

Points based on:

Gold: 7 Pnts - Silver: 3 Pnts - Bronze: 1 Pnts 4th Place (if not shared 3rd): 0Pnts

Participation: 0 Pnts - Win: 0 Pnts - Single: 4 Pnts

(...) is a first place without opponent

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Cadet Male-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	85	Viktor Kari Albertsson TKO	ISL	5.99	3.74	2.25

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Cadet Male-B**
Competitors **4**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	65	Prasun Tiwari Duwadi KR	ISL	5.51	3.16	2.35
2	19	Gudmundur Isar Atlason Armann	ISL	4.66	2.76	1.90
3	38	Sigurbjorn Mani Asgeirsson IR	ISL	4.35	2.60	1.75
4	37	Damian Tomalak Bjork Taekwondo	ISL	4.02	2.64	1.38

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Cadet Female-B**
Competitors **5**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	57	Lara Karitas Stefansdottir Keflavík	ISL	5.43	3.01	2.42
2	99	Hrafnhildur Katla Siemsen Bjork Taekwondo	ISL	5.42	3.22	2.20
3	52	Gabriella Libertye Keflavík	ISL	5.15	3.00	2.15
4	50	Heida Dis Helgadottir Keflavík	ISL	5.03	2.68	2.35
5	34	Briana Osk Petursdottir Bjork Taekwondo	ISL	3.00	2.18	0.82

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Cadet Male-C**
 Competitors **8**
 Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	77	Wakin Lucas Reyes Team FRAM	ISL	5.67	3.07	2.60
2	100	Daniel Lorenzo Silva Eggertsson KR	ISL	4.30	2.43	1.87
3	67	Ari Thor Riggott KR	ISL	3.90	2.60	1.30
4	30	Egill Cabrera Bjork Taekwondo	ISL	3.83	2.43	1.40
5	81	Runar Snaer Jonasson Team Selfoss	ISL	3.26	2.33	0.93
6	39	Tomas Geir Axelsson IR	ISL	2.83	2.20	0.63
7	21	Gudni Freyr Hallsson Armann	ISL	2.80	2.07	0.73

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Cadet Female-C**
Competitors **2**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	95	Kawsar Karimi Team FRAM	ISL	4.56	2.63	1.93
2	45	Aria Alexandra S. Thorsteinsson IR	ISL	3.83	2.70	1.13

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Junior Male-A**
 Competitors **7**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	44	Axel Freyr Thorkelsson IR	ISL	7.04	4.05	2.99
2	84	Ulfur Darri Sigurdsson Team Selfoss	ISL	6.76	4.03	2.73
3	11	Hilmar Birgir Larusson Afturelding	ISL	6.28	3.76	2.52
4	82	Veigar Olversson Team Selfoss	ISL	5.93	3.68	2.25
5	42	Mikael Thor Santi Mikaelsson IR	ISL	5.76	3.58	2.18
6	2	Gudni Fridmar J. Asmundsson Afturelding	ISL	5.68	3.45	2.23
7	80	Loftur Gudmundsson Team Selfoss	ISL	5.04	3.40	1.64

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Junior Female-A**
Competitors **3**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	83	Ingibjorg Laufey Ragnarsdottir Team Selfoss	ISL	6.52	3.92	2.60
2	14	Elly Gudrun Sigurdardottir Afturelding	ISL	6.50	3.85	2.65
3	69	Bryndis Eir Sigurjonsdottir KR	ISL	5.94	3.74	2.20

Category **Ind Junior Male-B**
Competitors **4**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	59	Bjartur Adalsteinsson KR	ISL	4.80	3.22	1.58
2	56	Mikael Snaer Petursson Keflavík	ISL	4.66	3.10	1.56
3	72	Nojus Gedvilas Team FRAM	ISL	4.21	2.77	1.44
4	70	Arnar Freyr Birgisson Team FRAM	ISL	2.92	2.06	0.86

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Junior Female-B**
Competitors **3**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	32	Alicja Grzegorzewska Bjork Taekwondo	ISL	4.93	2.95	1.98
2	58	Oliwia Waszkiewicz Keflavík	ISL	4.49	2.75	1.74
3	36	Olivia Slomka Bjork Taekwondo	ISL	4.38	2.74	1.64

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Undir 30 Male-A**
 Competitors **5**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	20	Eythor Atli Reynisson Armann	ISL	7.10	4.30	2.80
2	87	Egill Kari Gunnarsson TKO	ISL	6.61	4.15	2.46
3	94	Solborg Gudmundsdottir TKO	ISL	6.34	3.92	2.42
4	17	Wiktor Sobczynski Afturelding	ISL	5.32	3.66	1.66
5	5	Sigurdur Mani Gudmundsson Afturelding	ISL	4.93	3.49	1.44

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Undir 30 Female-C**
Competitors **2**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	53	Jovana Mrdanov Keflavík	ISL	4.67	2.87	1.80
2	49	Fjola Sif Farestveit Keflavík	ISL	3.86	2.63	1.23

Category **Ind Undir 50 Female-A**
Competitors **2**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	46	Anna Suryati Tjhin IR	ISL	5.32	3.45	1.87
2	41	Aino-Katri Karinen IR	ISL	4.98	3.30	1.68

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Undir 50 Male-B**
Competitors **1**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	40	Oli Mar Hrolfsson IR	ISL	2.76	2.16	0.60

Poomsae individual

Bikarmót I Poomsae 2025-2026

Category **Ind Yfir 50 Male-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	24	Petur Arnar Kristinsson Armann	ISL	3.62	2.72	0.90

Poomsae Pair

Bikarmót I Poomsae 2025-2026

Category **Pair Pair Cadet-B**
Competitors **4**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Vignir Noi Helgason / Gabriella Libertye	ISL	5.32	3.12	2.20
2	Keflavík Heida Dis Helgadottir / Lara Karitas Stefansdottir	ISL	5.16	3.03	2.13
3	Bjork Taekwondo Briana Osk Petursdottir / Damian Tomalak	ISL	3.53	2.51	1.02

Poomsae Pair

Bikarmót I Poomsae 2025-2026

Category **Pair Pair Cadet-C**
Competitors **3**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Wakin Lucas Reyes / Kawsar Karimi	ISL	4.37	2.70	1.67
2	Bjork Taekwondo Egill Cabrera / Victor Atlas Danielsson Cabrera	ISL	4.03	2.63	1.40

Poomsae Pair

Bikarmót I Poomsae 2025-2026

Category **Pair Pair Junior-A**
Competitors **3**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team Selfoss Ingibjorg Laufey Ragnarsdottir / Ulfur Darri Sigurdsson	ISL	6.57	4.02	2.55
2	Afturelding Hilmar Birgir Larusson / Elly Gudrun Sigurdardottir	ISL	6.38	3.84	2.54
3	IR Axel Freyr Thorkelsson / Anna Suryati Tjhin	ISL	5.50	3.46	2.04

Poomsae Pair

Bikarmót I Poomsae 2025-2026

Category **Pair Pair Junior-B**
Competitors **3**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Bjork Taekwondo Alicja Grzegorzewska / Olivia Słomka	ISL	4.51	2.96	1.55
2	Keflavík Mikael Snaer Petursson / Oliwia Waszkiewicz	ISL	4.35	2.90	1.45
3	Team FRAM Arnar Freyr Birgisson / Nojus Gedvilas	ISL	4.03	2.67	1.36

Poomsae Pair

Bikarmót I Poomsae 2025-2026

Category **Pair Pair Undir 30-A**
Competitors **1**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	TKO	ISL	6.71	4.17	2.54
	Solborg Gudmundsdottir / Egill Kari Gunnarsson				

Poomsae Pair

Bikarmót I Poomsae 2025-2026

Category **Pair Pair Undir 30-C**
Competitors **1**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík	ISL	4.63	2.93	1.70
	Fjola Sif Farestveit / Jovana Mrdanov				

Poomsae Pair

Bikarmót I Poomsae 2025-2026

Category **Pair Pair Yfir 30-A**
Competitors **1**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	IR Aino-Katri Karinen / Oli Mar Hrolfsson	ISL	3.84	2.96	0.88

Poomsae Team

Bikarmót I Poomsae 2025-2026

Category **Team Team Junior Male-A**
Competitors **2**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team Selfoss Loftur Gudmundsson / Veigar Olversson / Ulfur Darri Sigurdsson	ISL	5.47	3.67	1.80
2	IR Mikael Thor Santi Mikaelsson / Axel Freyr Thorkelsson / Oli Mar Hrolfsson	ISL	3.63	2.78	0.85

Poomsae Team

Bikarmót I Poomsae 2025-2026

Category **Team Team Junior Female-B**
 Competitors **3**
 Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Heida Dis Helgadóttir / Gabriella Libertye / Lara Karitas Stefansdóttir	ISL	5.46	3.04	2.42
2	Bjork Taekwondo Alicja Grzegorzewska / Olivia Slomka / Hrafnhildur Katla Siemsen	ISL	5.40	3.15	2.25
3	Keflavík Oliwia Waszkiewicz / Vignir Noi Helgason / Mikael Snaer Petursson	ISL	5.20	3.05	2.15

Poomsae Team

Bikarmót I Poomsae 2025-2026

Category **Team Team Undir 30 Male-A**
Competitors **1**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Afturelding Gudni Fridmar J. Asmundsson / Sigurdur Mani Gudmundsson / Hilmar Birgir Larusson	ISL	5.86	3.76	2.10