



# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Cadet Male-A**  
Competitors **2**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	96	Sigurdsson Ulfur Darri Team Selfoss	ISL	5.66	3.68	1.98
2	93	Olversson Veigar Team Selfoss	ISL	5.50	3.58	1.92

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Cadet Male-B**  
Competitors **4**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	38	Jonsson Viktor IR	ISL	4.14	2.70	1.44
2	27	Kjartansson Matthias Hans Bjork Taekwondo	ISL	2.78	2.40	0.38
3	1	A♦Alsteinsson Erik ♦Gir Bj♦Rk Afturelding	ISL	2.20	2.10	0.10
4	33	Asgeirsson Sigurbjorn Mani IR	ISL	1.72	1.72	0.00

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Cadet Female-B**  
Competitors **7**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	75	Birgisdottir Lilja Johanna Team FRAM	ISL	5.32	2.88	2.44
2	29	Siemsen Hrafnhildur Katla Bjork Taekwondo	ISL	4.62	2.95	1.67
3	59	Stefansdottir Lara Karitas Keflavík	ISL	4.61	2.93	1.68
4	97	Bergmann Bara TKO	ISL	4.52	2.98	1.54
5	100	Kristjansdottir Gabriella TKO	ISL	4.01	2.51	1.50
6	54	Libertye Gabriella Keflavík	ISL	3.61	2.62	0.99
7	51	Helgadóttir Heida Dis Keflavík	ISL	3.24	2.34	0.90

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Cadet Male-C**  
Competitors **9**  
Class **C**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	20	Grettisson Einar Otto Armann	ISL	4.60	2.77	1.83
2	67	Duwadi Prasun Tiwari KR	ISL	4.40	2.77	1.63
3	71	Riggott Ari Thor KR	ISL	4.37	2.47	1.90
4	107	Guðmundsson Árni Hrafn Þór	ISL	3.17	2.17	1.00
5	31	Tomalak Damian Bjork Taekwondo	ISL	2.94	1.97	0.97
6	24	Cabrera Egill Bjork Taekwondo	ISL	2.44	1.77	0.67
7	34	Axelsson Tomas Geir IR	ISL	2.16	1.73	0.43
8	83	Kristmundsson Benedikt Cesar Team FRAM	ISL	1.87	1.50	0.37

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Cadet Female-C**  
Competitors **4**  
Class **C**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	32	Alassaf Rama IR	ISL	3.53	2.23	1.30
2	81	Karimi Kawsar Team FRAM	ISL	3.34	2.37	0.97
3	43	Thorsteinsson Aria Alexandra S. IR	ISL	3.34	2.27	1.07
4	37	Eiamlamoon Apichaya IR	ISL	3.20	2.23	0.97

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Junior Male-A**  
Competitors **4**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	23	Thors Petur Valur Armann	ISL	6.67	3.92	2.75
2	42	Thorkelsson Axel Freyr IR	ISL	5.98	3.65	2.33
3	104	Aronsson Arni Steinn Þór	ISL	5.33	3.51	1.82
4	92	Gudmundsson Loftur Team Selfoss	ISL	4.86	3.52	1.34

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Junior Female-A**  
Competitors **2**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	73	Sigurjonsdottir Bryndis Eir KR	ISL	6.69	4.19	2.50
2	95	Ragnarsdottir Ingibjorg Laufey Team Selfoss	ISL	6.34	4.02	2.32



# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Junior Male-B**  
Competitors **7**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	9	Larsson Hilmar Birgir Afturelding	ISL	5.43	3.50	1.93
2	40	Mikaelsson Mikael Thor Santi IR	ISL	5.41	3.46	1.95
3	103	Vikingur Thorarinn TKO	ISL	5.36	3.44	1.92
4	61	Adalsteinsson Bjartur KR	ISL	5.35	3.37	1.98
5	79	Gedvilas Nojus Team FRAM	ISL	5.26	3.32	1.94
6	77	Brynjarsson Arnar Freyr Team FRAM	ISL	5.10	3.32	1.78
7	58	Petursson Mikael Snaer Keflavík	ISL	5.10	3.30	1.80

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Junior Female-B**  
Competitors **4**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	12	Sigurdardottir Elly Gudrun Afturelding	ISL	4.95	2.77	2.18
2	102	Sigursteinsdottir Brynhildur TKO	ISL	4.35	2.78	1.57
3	60	Waszkiewicz Oliwia Keflavík	ISL	4.06	2.60	1.46
4	30	Surynt Olivia Bjork Taekwondo	ISL	3.54	2.50	1.04

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Undir 30 Male-A**  
Competitors **5**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	18	Atli Reynisson Eythor Armann	ISL	7.56	4.44	3.12
2	99	Gunnarsson Egill Kari TKO	ISL	7.29	4.34	2.95
3	82	Kjartansson Bjarki Team FRAM	ISL	6.72	4.12	2.60
4	15	Sobczynski Wiktor Afturelding	ISL	6.28	3.90	2.38
5	5	Gudmundsson Sigurdur Mani Afturelding	ISL	5.39	3.75	1.64

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Undir 30 Female-A**  
Competitors **3**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	16	Stefansdottir Athena Ran Afturelding	ISL	7.29	4.27	3.02
2	98	Gudmundsdottir Solborg TKO	ISL	6.88	4.10	2.78
3	8	Kristbjornsdottir Asta Afturelding	ISL	5.99	3.75	2.24

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Undir 30 Male-B**  
Competitors **2**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	91	Sigurdarson Sveinbjorn Saevar Team FRAM	ISL	4.53	2.70	1.83
2	109	Robertsdottir Pells Solveig Lilja Pór	ISL	4.04	2.64	1.40

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Undir 30 Male-C**  
Competitors **3**  
Class **C**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	50	Farestveit Fjola Sif Keflavík	ISL	3.83	2.43	1.40
2	55	Mrdanov Jovana Keflavík	ISL	3.70	2.27	1.43

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Undir 40 Male-A**  
Competitors **3**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	108	Moller Haukur Fannar Þór	ISL	5.82	3.92	1.90
2	110	Rúnarsson Björn Heiðar Þór	ISL	5.09	3.57	1.52
3	94	Petursson Daniel Jens Team Selfoss	ISL	4.96	3.68	1.28

# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Undir 50 Female-A**  
Competitors **2**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	39	Karinen Aino-Katri IR	ISL	4.77	3.24	1.53
2	19	Einarsson Grettir Armann	ISL	4.38	3.22	1.16



# Poomsae individual

## Bikarmót II Poomsae 2024-2025

Category **Ind Yfir 50 Female-A**  
Competitors **3**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	85	Magnusdottir Hulda Dagmar Team FRAM	ISL	5.59	3.46	2.13
2	118	Runarsson Rudolf Team FRAM	ISL	5.02	3.40	1.62
3	88	Petersen Gudrun Nina Team FRAM	ISL	4.80	3.28	1.52

# Poomsae Pair

## Bikarmót II Poomsae 2024-2025

Category **Pair Para Cadet-B**  
Competitors **3**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Bjork Taekwondo</b> Kjartansson Matthias Hans / Siemsen Hrafnhildur Katla	ISL	<b>4.47</b>	<b>2.92</b>	<b>1.55</b>
2	<b>Keflavík</b> Helgason Vignir Noi / Libertye Gabriella	ISL	<b>4.19</b>	<b>2.84</b>	<b>1.35</b>
3	<b>Keflavík</b> Helgadottir Heida Dis / Stefansdottir Lara Karitas	ISL	<b>3.95</b>	<b>2.65</b>	<b>1.30</b>

# Poomsae Pair

## Bikarmót II Poomsae 2024-2025

Category **Pair Para Cadet-C**  
Competitors **4**  
Class **C**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	KR Arnarsdottir Hrafney Myrk / Duwadi Prasun Tiwari	ISL	3.20	2.10	1.10
2	IR Eiamlmoon Apichaya / Thorsteinsson Aria Alexandra S.	ISL	2.80	2.00	0.80

# Poomsae Pair

## Bikarmót II Poomsae 2024-2025

Category **Pair Para Junior-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Team Selfoss</b> Ragnarsdottir Ingibjorg Laufey / Sigurdsson Ulfur Darri	ISL	<b>5.87</b>	<b>3.85</b>	<b>2.02</b>

# Poomsae Pair

## Bikarmót II Poomsae 2024-2025

Category **Pair Para Junior-B**  
Competitors **3**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Afturelding</b> Larusson Hilmar Birgir / Sigurdardottir Elly Gudrun	ISL	<b>5.89</b>	<b>3.57</b>	<b>2.32</b>
2	<b>Team FRAM</b> Birgisdottir Lilja Johanna / Gedvilas Nojus	ISL	<b>5.63</b>	<b>3.47</b>	<b>2.16</b>
3	<b>Keflavík</b> Petursson Mikael Snaer / Waszkiewicz Oliwia	ISL	<b>5.23</b>	<b>3.25</b>	<b>1.98</b>

# Poomsae Pair

## Bikarmót II Poomsae 2024-2025

Category **Pair Para Undir 30-A**  
Competitors **4**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>TKO</b> Gudmundsdottir Solborg / Gunnarsson Egill Kari	ISL	<b>6.59</b>	<b>4.05</b>	<b>2.54</b>
2	<b>Afturelding</b> Kristbjornsdottir Asta / Sobczynski Wiktor	ISL	<b>5.58</b>	<b>3.70</b>	<b>1.88</b>
3	<b>Team FRAM</b> Kjartansson Bjarki / Magnusdottir Hulda Dagmar	ISL	<b>5.52</b>	<b>3.70</b>	<b>1.82</b>
4	<b>Afturelding</b> Gudmundsson Sigurdur Mani / Stefansdottir Athena Ran	ISL	<b>5.40</b>	<b>3.80</b>	<b>1.60</b>

# Poomsae Pair

## Bikarmót II Poomsae 2024-2025

Category **Pair Para Undir 30-B**  
Competitors **1**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Team FRAM</b> Brynjarsson Arnar Freyr / Sigurdarson Sveinbjorn Saevar	ISL	<b>3.12</b>	<b>2.30</b>	<b>0.82</b>

# Poomsae Pair

## Bikarmót II Poomsae 2024-2025

Category **Pair Para Undir 30-C**  
Competitors **2**  
Class **C**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Farestveit Fjola Sif / Mrdanov Jovana	ISL	3.86	2.53	1.33



# Poomsae Pair

## Bikarmót II Poomsae 2024-2025

Category **Pair Para Undir 30-Exhibition**  
Competitors **1**  
Class **Exhibition**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	Armann / Afturelding Atli Reynisson Eythor / Stefansdottir Athena Ran	ISL	6.92	4.17	2.75

# Poomsae Pair

## Bikarmót II Poomsae 2024-2025

Category **Pair Para Yfir 30-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Team FRAM</b> Petersen Gudrun Nina / Runarsson Rudolf	ISL	<b>4.24</b>	<b>3.24</b>	<b>1.00</b>

# Poomsae Team

## Bikarmót II Poomsae 2024-2025

Category **Team Team Cadet Female-C**  
Competitors **2**  
Class **C**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	IR Alassaf Rama / Eiamlamoon Apichaya / Thorsteinsson Aria Alexandra S.	ISL	3.24	2.27	0.97

# Poomsae Team

## Bikarmót II Poomsae 2024-2025

Category **Team Team Junior Female-B**  
Competitors **3**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Keflavík</b> Helgadottir Heida Dis / Libertye Gabriella / Stefansdottir Lara Karitas	ISL	<b>5.63</b>	<b>3.38</b>	<b>2.25</b>
2	<b>Team FRAM</b> Birgisdottir Lilja Johanna / Gedvilas Nojus / Brynjarsson Arnar Freyr	ISL	<b>5.26</b>	<b>3.25</b>	<b>2.01</b>
3	<b>Keflavík</b> Waszkiewicz Oliwia / Petursson Mikael Snaer / Farestveit Fjola Sif	ISL	<b>5.23</b>	<b>3.28</b>	<b>1.95</b>

# Poomsae Team

## Bikarmót II Poomsae 2024-2025

Category **Team Team Undir 30 Male-A**  
Competitors **2**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Afturelding</b> Gudmundsson Sigurdur Mani / Sobczynski Wiktor / Larsson Hilmar Birgir	ISL	<b>5.99</b>	<b>3.84</b>	<b>2.15</b>
2	<b>Team FRAM</b> Kjartansson Bjarki / Runarsson Rudolf / Sigurdarson Sveinbjorn Saevar	ISL	<b>4.40</b>	<b>3.30</b>	<b>1.10</b>