

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Cadet Female-A**
Competitors **2**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	86	Sigurjonsdottir Bryndis Eir KR	ISL	6.63	4.13	2.50
2	53	Thorkelsson Axel Freyr IR	ISL	5.76	3.78	1.98

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Cadet Male-B**
Competitors **11**
Class **B**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	107	Sigurdsson Ulfur Darri Team Selfoss	ISL	5.83	3.33	2.50
2	105	Olversson Veigar Team Selfoss	ISL	5.68	3.18	2.50
3	77	Adalsteinsson Bjartur KR	ISL	5.14	2.82	2.32
4	49	Mikaelsson Mikael Thor Santi IR	ISL	4.52	2.65	1.87
5	104	Gudmundsson Loftur Team Selfoss	ISL	4.51	2.66	1.85
6	46	Jonsson Viktor IR	ISL	4.42	2.62	1.80
7	76	Vyplel Anton Keflavík	ISL	4.25	2.65	1.60
8	91	Gedvilas Nojus Team FRAM	ISL	4.22	2.50	1.72
9	41	Annetts Eirikur Kort Daxx IR	ISL	4.16	2.38	1.78
10	48	Magnusson Kristofer Thorri IR	ISL	3.38	2.16	1.22
11	43	Clausen Aaronsson Karl Mikael IR	ISL	2.81	1.86	0.95

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Cadet Male-B**
Competitors **11**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	107	Sigurdsson Ulfur Darri Team Selfoss	ISL	6.86	4.04	2.82
2	105	Olversson Veigar Team Selfoss	ISL	6.37	3.82	2.55
3	49	Mikaelsson Mikael Thor Santi IR	ISL	5.35	3.25	2.10
4	77	Adalsteinsson Bjartur KR	ISL	5.18	3.28	1.90
5	91	Gedvilas Nojus Team FRAM	ISL	5.14	3.01	2.13
6	104	Gudmundsson Loftur Team Selfoss	ISL	4.83	2.90	1.93
7	46	Jonsson Viktor IR	ISL	4.66	2.96	1.70
8	76	Vyplel Anton Keflavík	ISL	4.53	2.96	1.57

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Cadet Female-B**
Competitors **7**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	87	Birgisdottir Lilja Johanna Team FRAM	ISL	6.30	3.50	2.80
2	106	Ragnarsdottir Ingibjorg Laufey Team Selfoss	ISL	5.53	3.33	2.20
3	75	Stefansdottir Lara Karitas Keflavík	ISL	5.27	3.12	2.15
4	9	Sigurdardottir Elly Gudrun Afturelding	ISL	5.24	3.20	2.04
5	34	Siemsen Hrafnhildur Katla Bjork Taekwondo	ISL	5.20	3.28	1.92
6	37	Surynt Olivia Bjork Taekwondo	ISL	4.98	3.08	1.90
7	111	Kristjansdottir Gabriella TKO	ISL	4.75	2.93	1.82

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Cadet Male-C**
Competitors **3**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	18	Grettisson Einar Otto Armann	ISL	4.90	2.60	2.30
2	19	Hannesson Kjartan Petur Armann	ISL	4.90	2.43	2.47
3	25	Thorsteinsson Robert Omar Armann	ISL	4.04	2.17	1.87

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Cadet Female-C**
Competitors **4**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	67	Hertervig Anita Ran Keflavík	ISL	5.23	2.93	2.30
2	65	Helgadóttir Heida Dis Keflavík	ISL	4.73	2.80	1.93
3	93	Karimi Kawsar Team FRAM	ISL	3.64	2.17	1.47
4	31	Laufeyjardóttir Emma Osk Bjork Taekwondo	ISL	3.37	2.40	0.97

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Junior Male-A**
Competitors **5**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	24	Thors Petur Valur Armann	ISL	7.19	4.33	2.86
2	64	Gudmundsson Magnus Mani Keflavík	ISL	6.40	4.08	2.32
3	3	Asmundsson Gudni Fridmar J. Afturelding	ISL	6.00	3.82	2.18
4	71	Ninir Amir Maron Keflavík	ISL	5.87	3.77	2.10

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Junior Male-B**
Competitors **3**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	7	Larsson Hilmar Birgir Afturelding	ISL	5.35	3.67	1.68
2	126	Grzegorzewska Alicja Bjork Taekwondo	ISL	5.10	3.47	1.63
3	89	Brynjarsson Arnar Freyr Team FRAM	ISL	4.55	3.22	1.33

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Junior Female-C**
Competitors **3**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	63	Farestveit Fjola Sif Keflavík	ISL	5.17	2.70	2.47
2	70	Mrdanov Jovana Keflavík	ISL	4.90	2.63	2.27
3	74	Petursson Mikael Snaer Keflavík	ISL	3.83	2.63	1.20

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Undir 30 Male-A**
Competitors **4**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	16	Atli Reynisson Eythor Armann	ISL	7.76	4.68	3.08
2	110	Gunnarsson Egill Kari TKO	ISL	7.16	4.46	2.70
3	94	Kjartansson Bjarki Team FRAM	ISL	7.14	4.27	2.87
4	4	Gudmundsson Sigurdur Mani Afturelding	ISL	5.53	3.77	1.76

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Undir 30 Female-A**
Competitors **4**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	1	Alberte Hjarso Gangnam Sportstaekwondo	DEN	7.89	4.75	3.14
2	12	Stefansdottir Athena Ran Afturelding	ISL	7.71	4.63	3.08
3	2	Jhana Molina Gangnam Sportstaekwondo	DEN	7.52	4.58	2.94
4	109	Gudmundsdottir Solborg TKO	ISL	7.37	4.45	2.92

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Undir 30 Male-B**
Competitors **2**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	102	Sigurdarson Sveinbjorn Saevar Team FRAM	ISL	5.16	3.18	1.98

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Undir 30 Male-C**
Competitors **1**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	88	Bjarnason Bjorgvin Team FRAM	ISL	5.57	3.17	2.40

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Undir 40 Male-A**
Competitors **3**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	17	Einarsson Grettir Armann	ISL	5.41	3.63	1.78
2	21	Jimma Jóhann Daníel Armann	ISL	5.19	3.65	1.54
3	45	Hrolfsson Oli Mar IR	ISL	4.08	3.06	1.02

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Undir 50 Female-A**
Competitors **4**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	13	Sveinbjornsdottir Maria Gudrun Afturelding	ISL	6.92	4.12	2.80
2	97	Magnusdottir Hulda Dagmar Team FRAM	ISL	6.06	3.68	2.38
3	47	Karinen Aino-Katri IR	ISL	5.43	3.54	1.89

Poomsae individual

Bikarmót I Poomsae 2024-2025

Category **Ind Yfir 50 Male-A**
Competitors **3**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	101	Runarsson Rudolf Team FRAM	ISL	5.97	3.75	2.22
2	127	Petersen Gudrun Nina Team FRAM	ISL	5.40	3.58	1.82
3	113	Magnusson Gudmundur TKO	ISL	4.63	3.51	1.12

Poomsae Pair

Bikarmót I Poomsae 2024-2025

Category **Pair Para Cadet-B**
Competitors **4**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team Selfoss Ragnarsdottir Ingibjorg Laufey / Sigurdsson Ulfur Darri	ISL	6.11	3.47	2.64
2	Keflavík Stefansdottir Lara Karitas / Vypel Anton	ISL	5.23	3.10	2.13
3	Team FRAM Birgisdottir Lilja Johanna / Gedvilas Nojus	ISL	4.98	2.90	2.08
4	Bjork Taekwondo Siemsen Hrafnhildur Katla / Laufeyjardottir Emma Osk	ISL	2.70	1.85	0.85

Poomsae Pair

Bikarmót I Poomsae 2024-2025

Category **Pair Para Cadet-C**
Competitors **3**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Helgadóttir Heida Dis / Hertervig Anita Ran	ISL	5.43	3.03	2.40
2	Armann Grettisson Einar Otto / Janssen Tomas	ISL	4.63	2.60	2.03
3	Armann Hannesson Kjartan Petur / Thorsteinsson Robert Omar	ISL	4.14	2.37	1.77

Poomsae Pair

Bikarmót I Poomsae 2024-2025

Category **Pair Para Junior-B**
Competitors **2**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Afturelding Larsson Hilmar Birgir / Sigurdardottir Elly Gudrun	ISL	5.80	3.54	2.26
2	Bjork Taekwondo Grzegorzewska Alicja / Surynt Olivia	ISL	5.50	3.52	1.98

Poomsae Pair

Bikarmót I Poomsae 2024-2025

Category **Pair Para Junior-C**
Competitors **1**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Farestveit Fjola Sif / Mrdanov Jovana	ISL	4.97	2.97	2.00

Poomsae Pair

Bikarmót I Poomsae 2024-2025

Category **Pair Para Undir 30-A**
Competitors **2**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	TKO Gudmundsdottir Solborg / Gunnarsson Egill Kari	ISL	7.14	4.38	2.76
2	Afturelding Gudmundsson Sigurdur Mani / Sveinbjornsdottir Maria Gudrun	ISL	5.92	3.88	2.04

Poomsae Pair

Bikarmót I Poomsae 2024-2025

Category **Pair Para Undir 30-B**
Competitors **1**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Brynjarsson Arnar Freyr / Sigurdarson Sveinbjorn Saevar	ISL	3.83	2.85	0.98

Poomsae Pair

Bikarmót I Poomsae 2024-2025

Category **Pair Para Undir 30-C**
Competitors **1**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Bjarnason Bjorgvin / Karimi Kawsar	ISL	3.23	2.33	0.90

Poomsae Pair

Bikarmót I Poomsae 2024-2025

Category **Pair Para Undir 30-Exhibition**
Competitors **1**
Class **Exhibition**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Afturelding / Armann Stefansdottir Athena Ran / Atli Reynisson Eythor	ISL	7.51	4.57	2.94

Poomsae Pair

Bikarmót I Poomsae 2024-2025

Category **Pair Para Yfir 30-A**
Competitors **2**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Magnusdottir Hulda Dagmar / Runarsson Rudolf	ISL	5.48	3.63	1.85
2	IR Hroffsson Oli Mar / Tjhin Anna Suryati	ISL	5.34	3.64	1.70

Poomsae Team

Bikarmót I Poomsae 2024-2025

Category **Team Team Cadet Male-B**
Competitors **2**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team Selfoss Olversson Veigar / Sigurdsson Ulfur Darri / Ragnarsdottir Ingibjorg Laufey	ISL	6.02	3.56	2.46
2	IR Magnusson Kristofer Thorri / Annetts Eirikur Kort Daxx / Clausen Aaronsson Karl Mikael	ISL	3.56	2.38	1.18

Poomsae Team

Bikarmót I Poomsae 2024-2025

Category **Team Team Cadet Male-C**
Competitors **1**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Armann Grettisson Einar Otto / Hannesson Kjartan Petur / Thorsteinsson Robert Omar	ISL	5.40	3.07	2.33

Poomsae Team

Bikarmót I Poomsae 2024-2025

Category **Team Team Junior Female-B**
Competitors **2**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Birgisdóttir Lilja Johanna / Brynjarsson Arnar Freyr / Gedvilas Nojus	ISL	4.86	3.30	1.56
2	Bjork Taekwondo Siemsen Hrafnhildur Katla / Surynt Olivia / Laufeyjardóttir Emma Osk	ISL	4.51	3.13	1.38

Poomsae Team

Bikarmót I Poomsae 2024-2025

Category **Team Team Junior Female-C**
Competitors **1**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Helgadottir Heida Dis / Hertervig Anita Ran / Petursson Mikael Snaer	ISL	5.10	3.00	2.10

Poomsae Team

Bikarmót I Poomsae 2024-2025

Category **Team Team Undir 30 Male-A**
Competitors **2**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Afturelding Asmundsson Gudni Fridmar J. / Gudmundsson Sigurdur Mani / Larusson Hilmar Birgir	ISL	5.86	3.68	2.18
2	Team FRAM Kjartansson Bjarki / Runarsson Rudolf / Sigurdarson Sveinbjorn Saevar	ISL	4.87	3.52	1.35

Poomsae Team

Bikarmót I Poomsae 2024-2025

Category **Team Team Undir 30 Female-A**
Competitors **2**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Johannsdottir Jenny Maria / Magnúsdottir Hulda Dagmar / Petersen Gudrun Nina	ISL	5.62	3.55	2.07
2	Afturelding Stefansdottir Athena Ran / Sveinbjornsdottir Maria Gudrun / Sigurdardottir Elly Gudrun	ISL	4.96	3.56	1.40