

	Afturelding			Fram			Keflavík			KR			Selfoss			TKO			Þór			
	G	S	B	G	S	B	G	S	B	G	S	B	G	S	B	G	S	B	G	S	B	
Ind Cadet Male-B												1	1	1								G = Gullverðlaun (7 stig)
Ind Cadet Female-B				1					1						1							S = Silfurverðlaun (3 stig)
Ind Junior Male-A	1								1													B = Bronsverðlaun (1 stig)
Ind Junior Female-A	1																					
Ind Junior Male-B			1						1												1	
Ind Undir 30 Male-A		1		1						1												
Ind Undir 30 Female-A				1																		
Ind Undir 30 Male-B				1																		
Ind Undir 30 Female-B				1																	1	
Ind Undir 40 Female-A																1						
Ind Undir 50 Female-A				1																		
Ind Undir 60 Male-A				1																		
Ind Undir 60 Female-A				1																		
Ind Undir 65 Male-A																					1	
Pair Para Cadet-B					1					1				1								
Pair Para Junior-A	1																					
Pair Para Junior-B		1							1													
Pair Para Undir 30-A				1																		
Pair Para Undir 30-B				1																		
Pair Para Yfir 30-A				1																		
Team Team Junior Male-B		1							1													
Samtals	3	3	1	11	1	0	3	2	2	0	0	1	2	1	1	2	0	0	0	2	0	
Stig	31			80			29			1			18			14			6			

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Cadet Male-B**
Competitors **8**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	75	Olversson Veigar Team Selfoss	ISL	5.60	3.05	2.55
2	77	Sigurdsson Ulfur Darri Team Selfoss	ISL	5.32	2.95	2.37
3	52	Adalsteinsson Bjartur KR	ISL	4.71	2.57	2.14
4	62	Gedvilas Nojus Team FRAM	ISL	4.42	2.39	2.03
5	73	Gudmundsson Loftur Team Selfoss	ISL	4.35	2.52	1.84
6	28	Jonsson Viktor IR	ISL	4.12	2.22	1.90
7	3	Eyjolfsson Sigurjon Kari Afturelding	ISL	3.40	2.05	1.35
8	101	Sigurbergsson Snorri Pall Keflavík	ISL	3.22	2.03	1.19

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Cadet Female-B**
Competitors **6**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	59	Birgisdottir Lilja Johanna Team FRAM	ISL	5.10	2.69	2.42
2	35	Bator Julia Marta Keflavík	ISL	4.90	2.85	2.05
3	76	Ragnarsdottir Ingibjorg Laufey Team Selfoss	ISL	4.85	2.68	2.17
4	50	Stefansdottir Lara Karitas Keflavík	ISL	3.29	2.14	1.15
5	12	Sigurdardottir Elly Gudrun Afturelding	ISL	3.02	2.24	0.78
6	78	Stefansdottir Snaedis Freyja Team Selfoss	ISL	1.72	1.70	0.02

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Junior Male-A**
Competitors **2**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	1	Bjarkason Patrik Afturelding	ISL	6.82	4.04	2.79
2	34	Atlason Thorsteinn Helgi Keflavík	ISL	4.82	3.54	1.28

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Junior Female-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	9	Kristbjornsdottir Asta Afturelding	ISL	5.67	3.75	1.92

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Junior Male-B**
Competitors **5**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	37	Gudmundsson Magnus Mani Keflavík	ISL	4.45	2.78	1.67
2	81	Aronsson Arni Steinn Pór	ISL	4.33	2.65	1.68
3	10	Larsson Hilmar Birgir Afturelding	ISL	4.17	2.52	1.65
4	8	Jonsson Hreidar Aegir Levi Afturelding	ISL	3.88	2.55	1.33

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Undir 30 Male-A**
Competitors **3**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	66	Kjartansson Bjarki Team FRAM	ISL	6.71	4.03	2.68
2	4	Gudmundsson Sigurdur Mani Afturelding	ISL	5.29	3.57	1.72
3	42	Hermannsson Karl Dui Keflavík	ISL	4.54	3.32	1.22

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Undir 30 Female-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	65	Johannsdottir Jenny Maria Team FRAM	ISL	5.47	3.68	1.79

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Undir 30 Male-B**
Competitors **1**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	71	Sigurdarson Sveinbjorn Saevar Team FRAM	ISL	3.64	2.77	0.87

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Undir 30 Female-B**
Competitors **2**
Class **B**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	63	Hauksdottir Eva Thora Team FRAM	ISL	4.80	2.72	2.09
2	83	Robertsdottir Pells Solveig Lilja Pór	ISL	3.82	2.42	1.40

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Undir 40 Female-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	79	Gnarr Margret Edda TKO	ISL	5.65	3.83	1.82

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Undir 50 Female-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	68	Magnusdottir Hulda Dagmar Team FRAM	ISL	5.30	3.45	1.85

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Undir 60 Male-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	70	Runarsson Rudolf Team FRAM	ISL	5.55	3.55	2.00

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Undir 60 Female-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	69	Petersen Gudrun Nina Team FRAM	ISL	4.72	3.42	1.30

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Undir 65 Male-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	80	Magnusson Gudmundur TKO	ISL	4.22	3.40	0.82

Poomsae Pair

Bikarmót III Poomsae 2023-2024

Category **Pair Para Cadet-B**
Competitors **3**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team Selfoss Ragnarsdottir Ingibjorg Laufey / Sigurdsson Ulfur Darri	ISL	5.02	2.93	2.09
2	Team FRAM Birgisdottir Lilja Johanna / Gedvilas Nojus	ISL	4.54	2.70	1.84
3	Keflavík Sigurbergsson Snorri Pall / Stefansdottir Lara Karitas	ISL	3.58	2.27	1.32

Poomsae Pair

Bikarmót III Poomsae 2023-2024

Category **Pair Para Junior-A**
Competitors **1**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Afturelding Bjarkason Patrik / Kristbjornsdottir Asta	ISL	6.10	3.90	2.20

Poomsae Pair

Bikarmót III Poomsae 2023-2024

Category **Pair Para Junior-B**
Competitors **2**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Bator Julia Marta / Gudmundsson Magnus Mani	ISL	5.24	3.30	1.94
2	Afturelding Larsson Hilmar Birgir / Sigurdardottir Elly Gudrun	ISL	4.34	2.94	1.40

Poomsae Pair

Bikarmót III Poomsae 2023-2024

Category **Pair Para Undir 30-A**
Competitors **1**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Johannsdottir Jenny Maria / Kjartansson Bjarki	ISL	5.34	3.70	1.64

Poomsae Pair

Bikarmót III Poomsae 2023-2024

Category **Pair Para Undir 30-B**
Competitors **1**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Hauksdottir Eva Thora / Sigurdarson Sveinbjorn Saevar	ISL	3.69	2.52	1.17

Poomsae Pair

Bikarmót III Poomsae 2023-2024

Category **Pair Para Yfir 30-A**
Competitors **1**
Class **A**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Petersen Gudrun Nina / Runarsson Rudolf	ISL	4.48	3.40	1.08

Poomsae Team

Bikarmót III Poomsae 2023-2024

Category **Team Team Junior Male-B**
Competitors **3**
Class **B**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Sigurbergsson Snorri Pall / Gudmundsson Magnus Mani / Bator Julia Marta	ISL	3.70	2.54	1.17
2	Afturelding Eyjolfsson Sigurjon Kari / Larusson Hilmar Birgir / Sigurdardottir Elly Gudrun	ISL	3.17	2.40	0.77

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Cadet Male-C**
Competitors **2**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	56	Duwadi Prasun Tiwari KR	ISL	4.53	2.60	1.93

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Cadet Female-C**
Competitors **5**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	39	Helgadóttir Heida Dis Keflavík	ISL	4.80	2.67	2.13
2	72	Sigurjonsdóttir Alexandra Gudrun Daniela Team FRAM	ISL	4.37	2.50	1.87
3	43	Hertervig Anita Ran Keflavík	ISL	4.23	2.43	1.80
4	64	Hjorleifsdóttir Elisa Bjork Team FRAM	ISL	3.67	2.20	1.47
5	74	Kristofersdóttir Julia Katrin Team Selfoss	ISL	2.53	2.00	0.53

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Cadet Male-D**
Competitors **3**
Class **D**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	15	Grettisson Einar Otto Armann	ISL	4.97	2.77	2.20
2	16	Hannesson Kjartan Petur Armann	ISL	4.50	2.43	2.07
3	19	Thorsteinsson Robert Omar Armann	ISL	3.43	2.00	1.43

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Junior Male-C**
Competitors **1**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	48	Petursson Mikael Snaer Keflavík	ISL	4.83	3.33	1.50

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Junior Female-C**
Competitors **3**
Class **C**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	22	Grzegorzewska Alicja Bjork Taekwondo	ISL	5.14	3.27	1.87
2	51	Waszkiewicz Oliwia Keflavík	ISL	5.03	3.33	1.70
3	45	Mrdanov Jovana Keflavík	ISL	5.03	3.10	1.93

Poomsae individual

Bikarmót III Poomsae 2023-2024

Category **Ind Junior Female-D**
Competitors **1**
Class **D**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	36	Farestveit Fjola Sif Keflavík	ISL	5.63	3.43	2.20

Poomsae Pair

Bikarmót III Poomsae 2023-2024

Category **Pair Para Cadet-C**
Competitors **2**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Helgadottir Heida Dis / Hertervig Anita Ran	ISL	4.86	2.93	1.93
2	Team FRAM Hjorleifsdottir Elisa Bjork / Sigurjonsdottir Alexandra Gudrun Daniela	ISL	4.33	2.60	1.73

Poomsae Pair

Bikarmót III Poomsae 2023-2024

Category **Pair Para Junior-C**
Competitors **2**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Petursson Mikael Snaer / Waszkiewicz Oliwia	ISL	5.20	3.23	1.97
2	Keflavík Farestveit Fjola Sif / Mrdanov Jovana	ISL	5.00	3.07	1.93

Poomsae Team

Bikarmót III Poomsae 2023-2024

Category **Team Team Cadet Female-C**
Competitors **1**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Team FRAM Hjorleifsdottir Elisa Bjork / Sigurjonsdottir Alexandra Gudrun Daniela / Fridriksdottir Dagbjort Mia	ISL	4.20	2.43	1.77

Poomsae Team

Bikarmót III Poomsae 2023-2024

Category **Team Team Junior Female-C**
Competitors **2**
Class **C**

3

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Helgadóttir Heida Dis / Mrdanov Jovana / Farestveit Fjola Sif	ISL	5.53	3.33	2.20
2	Keflavík Hertervig Anita Ran / Waszkiewicz Oliwia / Petursson Mikael Snaer	ISL	5.20	3.33	1.87