



GENERAL INFORMATION – NORDIC CHAMPIONSHIP 2019

Organizer

The Icelandic Taekwondo Federation (TKÍ)

email: tki@tki.is

If any questions arise, please direct all inquiries to the above email address.

Date

January 19th and 20th 2019

Poomsae competition – January 20th 2019

Kyorugi competition – January 19th and 20th 2019

Location

Sunnubraut Sports Hall

Sunnubraut 34

230 Reykjanesbær

ICELAND

<https://en.ja.is/kort/?d=hashid%3AK2WvE&x=325819&y=393107&z=8&type=map>

Schedule (please note that this is subject to change)

All events to be held at the competition venue unless otherwise stated

Friday, January 18th 2019

18:00-20:00 Registration of all teams for both competition days

18:00-20:00 Weigh-in for kyorugi competition on Saturday

20:00-21:00 Nordic Forum Meeting

Saturday, January 19th 2019

08:00-08:30 Referee meeting

09:00-12:00 Kyorugi competition

12:00-13:00 Lunch break

13:00-18:00 Kyorugi competition

16:00-18:00 Weigh-in for kyorugi competition on Sunday

18:00-19:00 Awards ceremony

Sunday, January 20th 2019



| | |
|-------------|--|
| 08:00-08:30 | Referee meeting for both poomsae and kyorugi |
| 09:00-12:00 | Kyorugi and poomsae competition |
| 12:00-13:00 | Lunch break |
| 13:00-18:00 | Kyorugi and poomsae competition |
| 18:00-19:00 | Awards ceremony |

Qualifications

- Participants shall be members of clubs from the Nordic and Baltic countries, i.e. Denmark, Estonia, Faroe Islands, Finland, Iceland, Latvia, Lithuania, Norway and Sweden.
- Participants shall hold, at the minimum, 4th geup (equal to B class)

Registration and Deadline

The teams and athletes for both kyorugi and poomsae competition shall register **the following online form no later than January 4th 2019.**

<https://podio.com/webforms/21719040/1513846>

The organizer will publish a list of registered contestants and their groups on the NC 2019 Facebook page.

No registrations after the deadline will be accepted.

Entry Fee

The Competition fee is EUR 50 for each contestant. For poomsae, the fee must be paid for each pair and group as well.

Payment

Entry fee for the whole team from each club must be paid to TKÍ no later than January 4th 2019. Failure to pay the entry fee will result in cancellation of registration.

Payments **must** be made for each club and for the whole team from each club. No individual payments will be accepted. All payments must be made through bank transfer (see below) and a copy of the receipt of payment **must** be presented upon team's registration.

All payments must be made to:

Taekwondosamband Íslands

Engjavegur 6

104 Reykjavík

ICELAND

Name of bank: Islandsbanki hf.



Account number: 0515 – 26 – 050010

ID number: 500103-2050

IBAN: IS440515260500105001032050

SWIFT: GLITISRE

Accommodation and Transportation

All travel expenses, local transportation, flight, hotel etc. shall be each club's responsibility.

Referees

Each country is invited to send 5 referees in kyorugi and 3 referees in poomsae, of international or first national class to the championship.

Round trip and allowance (per diem) shall be covered by the participating nation, while hotel accommodations and board, **for kyorugi referees** from Friday January 18th to Monday January 21st shall be covered by TKÍ. **For poomsae referees**, TKÍ will provide hotel accommodations and board from Saturday January 19th to Monday January 21st.

All referee names, gender, class, arrival and departure times **must** be announced to TKÍ via tki@tki.is no later than December 10th 2018.

Admission

Admission to watch the tournament shall be free

Doping control

Random doping tests, conducted by the Icelandic Sports Association, may take place at the championship.

Liability

All participants take part at their own risk and must have their own insurance. Neither TKÍ nor operators of the competition venue take any responsibility for injuries, accidents, theft, death, damage or loss of equipment or anything similar.

Awards

There will be medals for 1st, 2nd and 3rd places for all categories for both kyorugi and poomsae

There will be trophies for the winning club and the country with the most gold medals.

Hotels

The organizer will recommend a hotel in Reykjanesbær, close to the competition venue, the exact location to be announced soon.



KYORUGI COMPETITION OUTLINE

Participants Participants shall be members of clubs from the Nordic and Baltic countries, i.e. Denmark, Estonia, Faroe Islands, Finland, Iceland, Latvia, Lithuania, Norway and Sweden.

Competition rules WT competition rules in effect from June 1st 2018

Divisions – geup/dan Minimum of 4th geup (B class and higher)

Divisions - age
 Minior 11 years old
 Cadet 12-14 years old
 Junior 15-17 years old
 Seniors 18 years old and above

Age criteria is based on the age contestants will have reached on December 31st 2019p

Dispensation There will be no dispensation granted regarding either age or gender.

Weigh-in Friday, January 18th 2019
 18:00-20:00 Weigh-in for kyorugi competition on Saturday

Saturday, January 19th 2019
 16:00-18:00 Weigh-in for kyorugi competition on Sunday

Start time Competition will start at 08:00 on both days.

Equipment TKÍ will provide Daedo Electronic protectors GEN2 for the championship.

Daedo socks will NOT be provided by TKÍ and must be supplied by each contestant.

Weight categories Senior

| Men's division | | Women's division | |
|----------------|--------------------------------|------------------|--------------------------------|
| Under 58kg | Not exceeding 58kg | Under 49kg | Not exceeding 49kg |
| Under 68kg | Over 58kg & not exceeding 68kg | Under 57kg | Over 49kg & not exceeding 57kg |
| Under 80kg | Over 68kg & not exceeding 80kg | Under 67kg | Over 57kg & not exceeding 67kg |
| Over 80kg | Over 80kg | Over 67kg | Over 67kg |

Junior

| Men's division | | Women's division | |
|----------------|--------------------------------|------------------|--------------------------------|
| Under 48kg | Not exceeding 48kg | Under 44kg | Not exceeding 44kg |
| Under 55kg | Over 48kg & not exceeding 55kg | Under 49kg | Over 44kg & not exceeding 49kg |
| Under 63kg | Over 55kg & not exceeding 63kg | Under 55kg | Over 49kg & not exceeding 55kg |
| Under 73kg | Over 63kg & not exceeding 73kg | Under 63kg | Over 55kg & not exceeding 63kg |
| Over 73kg | Over 73kg | Over 63kg | Over 63kg |

Cadet

| Men's division | | Women's division | |
|----------------|--------------------------------|------------------|--------------------------------|
| Under 33kg | Not exceeding 33kg | Under 29kg | Not exceeding 29kg |
| Under 37kg | Over 33kg & not exceeding 37kg | Under 33kg | Over 29kg & not exceeding 33kg |
| Under 41kg | Over 37kg & not exceeding 41kg | Under 37kg | Over 33kg & not exceeding 37kg |
| Under 45kg | Over 41kg & not exceeding 45kg | Under 41kg | Over 37kg & not exceeding 41kg |
| Under 49kg | Over 45kg & not exceeding 49kg | Under 44kg | Over 41kg & not exceeding 44kg |
| Under 53kg | Over 49kg & not exceeding 53kg | Under 47kg | Over 44kg & not exceeding 47kg |
| Under 57kg | Over 53kg & not exceeding 57kg | Under 51kg | Over 47kg & not exceeding 51kg |
| Under 61kg | Over 57kg & not exceeding 61kg | Under 55kg | Over 51kg & not exceeding 55kg |
| Under 65kg | Over 61kg & not exceeding 65kg | Under 59kg | Over 55kg & not exceeding 59kg |
| Over 65kg | Over 65kg | Over 59kg | Over 59kg |

Minior

For both genders, the weight classification shall be as follows:

Not exceeding 26 kg

26-29 kg

29-31 kg

31-33 kg

33-37 kg

37-41 kg

41-44 kg

44-47 kg

Exceeding 47 kg

POOMSAE COMPETITION OUTLINE

- Participants** Participants shall be members of clubs from the Nordic and Baltic countries, i.e. Denmark, Estonia, Faroe Islands, Finland, Iceland, Latvia, Lithuania, Norway and Sweden.
- Competition rules** WT competition rules
- Individual categories** Minior, cadet, senior -30, -40, -50, -60, -65, +65
- Pair categories** Minior, cadet, senior -30, senior +30 (1 male and 1 female)
- Group categories** Minior, cadet, senior -30, senior +30 (3 males or 3 females)

Freestyle categories

| Division | | under 17 | over 17 |
|---|---|------------------------|----------------------|
| Age | | 12-17 | 18 years old or over |
| Individual | m | 1 | 1 |
| | f | 1 | 1 |
| Pair | | 2 | 2 |
| Mixed Team (Composition of 5 members including more than 2 males and 2 females) | | 5 (+1 substitute max.) | |

Draw

Drawn poomsae will be published on January 16th on <http://www.tki.is>

Start time

The competition will start at 09:00 at the competition venue

Applicable poomsae

| Age category | Preliminary round | Semi final | Final |
|----------------------|-------------------|--------------|--------------|
| Cadet | T4-Keumgang | T4-Keumgang | T4-Keumgang |
| Junior | T4-Taebaek | T4-Taebaek | T4-Taebaek |
| Senior -30 | T6-Sipjin | T6-Sipjin | T6-Sipjin |
| Senior -40 | T6-Sipjin | T6-Sipjin | T6-Sipjin |
| Senior -50 | T8-Cheonkwon | T8-Cheonkwon | T8-Cheonkwon |
| Senior -60/+60 | Koryo-Hansu | Koryo-Hansu | Koryo-Hansu |
| Cadet pair/team | T4-Keumgang | T4-Keumgang | T4-Keumgang |
| Junior pair/team | T4-Taebaek | T4-Taebaek | T4-Taebaek |
| Senior -30 pair/team | T6-Sipjin | T6-Sipjin | T6-Sipjin |
| Senior +30 pair/team | T8-Cheonkwon | T8-Cheonkwon | T8-Cheonkwon |

Minior

T3-Koryo

T3-Koryo

T3-Koryo